



SHADOW LAKE LODGE

ADVENTURE IN COMFORT

SUMMER PACKING LIST

Shadow Lake Lodge is located in the backcountry of Banff National Park, 14 kilometers (eight miles) from the nearest road so you should plan accordingly. Even if the weather forecast calls for warmth and clear skies, be prepared for a variety of weather conditions.

As the only way to reach our lodge is by hiking or biking, pack as lightly as possible. Comfortable clothes for day-adventures, a shell jacket for rain (or snow in the fall), a sweater, and pair of comfortable hiking boots are all essential, along with the suggested items:

- Daypack
- Packed lunch & snacks for the trail in
- Rain gear
- Hat/Gloves
- Shorts/long pants
- Extra socks & layers
- Indoor Footwear (flip flops, hut booties, etc.)
- Sunglasses with UV protection
- Sunscreen and lip balm
- Insect repellent!! (Bugs can be especially bad after a period of rainfall)
- Bear Spray
- Binoculars
- Blister bandages
- Camera or Phone for pictures
- Water Bottle
- Personal Toiletries (we provide environmentally friendly soap and shampoo)
- Masks (and other PPE you'd like to utilize during your stay for comfort – However, please stay home if you are feeling unwell)

*All bedding and towels are supplied. Shadow Lake Lodge is a licensed facility offering beer and a selection of fine wines, so that you can enjoy a beverage post-hike!

