

# SHADOW LAKE LODGE PACKING LIST

Shadow Lake Lodge is located in the backcountry of Banff National Park, 14 kilometres (eight miles) from the nearest road so you should plan accordingly. Even if the weather forecast calls for warm, sunny weather, be prepared for a variety of weather conditions.

As the only way to reach our lodge is by hiking or biking, pack as lightly as possible. Comfortable clothes for hiking, a rain jacket, a sweater, and worn-in hiking boots are all essential, along with the suggested items:

- Daypack
- Packed Lunch and snacks for trail in
- Rain Gear
- Hat/Gloves
- Shorts/ long pants
- Extra socks
- Open-toed shoes or flip flops for inside use
- Sunglasses with UV protection
- Sun block lotion and lip protector
- Insect repellent
- Bear spray
- Binoculars
- Blister bandages
- Camera, batteries, and charger
- Water bottle
- Personal toiletries (we supply environmentally friendly soap and shampoo)

\*All bedding and towels are supplied